Cosmetic Derma Clinic

5th ALEX COSMO DERM

Annual Meeting

Spotlights on Dermatology and Cosmetology; Where are we now?

25-26 APRIL 2019

Hilton
Alexandria Green Plaza

Scientific PROGRAM

For more information
alexcosmoderm.com

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Welcome

Dear colleagues,

On behalf of the family of Dermaclinic Centre; it is our great honour to invite you to take part in the 5th Alexcosmoderm conference that shall be held in Hilton Green Plaza, AlZahraa Hall, Alexandria, Egypt, on April 25th and 26th, 2019.

We promise to provide an outstanding scientific program that will refresh and renew different aspects of Dermatology and Aesthetic Dermatology.
We shall do our best to keep you updated about the latest modalities in this field. Debate and updates in different therapeutic techniques will be elucidated by experts in the different fields. We hope the conference will be fruitful and that your collaboration with experts will result in an outstanding scientific experience.

Looking forward to seeing you in Alexandria.

MEET THE *Experts*

TOPICS

in different aspects of cosmetic dermatology

Dermatology & Aesthetics

Botulinum toxin

Dermatopathology

Vitiligo Surgery

Chemical Peeling

Filler Injections

Regaine

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Speakers
INSTRUCTIONS:

Congress halls will be equipped with:

A laptop with Microsoft Windows 8 and Microsoft Office 2013.
Internet access will NOT be available inside the meeting rooms.

To ensure that the meeting progresses smoothly, please follow the following instructions:

- All presentations should be recorded on a USB flash memory (preferred) or CD-R.
- Please save presentations in PowerPoint 2007 or later format for PC.
- Upload your presentation early to the Audiovisual Center (RM Events) as we will load the presentations to the hard drive of our systems before the sessions by one hour.
- No personal laptops are permitted for presentations.
- In case you have problems with your presentation(s), please do not hesitate to contact the IT support team (RM Events).

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TIMER
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as **NO EXTRA TIME IS ALLOWED**

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PERFORMA

EXTRA STRENGTH

THURSDAY
25 APRIL, 2019

08:30 - 09:00 **Registration**

09:00 - 10:00 **Basics, Advanced and Complication of Filler Injection with Live Demonstration**
Sponsored by: **Stylage**

Chairpersons: *Fairouz Badran, Khaled EL-Mulla, Tarek Hussein*

09:00 - 09:15	**Basics and advanced filler injection**	*Salma Samir*
09:15 - 09:30	**Common complications of filler injection**	*Fairouz Badran*
09:30 - 10:00	**Live demonstration**	*Fairouz Badran*

10:00 - 10:30 **Opening Ceremony**

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10:30 - 12:00 Aesthetic Gynecology

Chairpersons: *Ayman El Attar, Eman Sanad, Jamila Atannaz, Sherif Gaafar*

10:30 - 10:50	**Botox for vaginismus** *Ayman El Attar , USA*
10:50 - 11:10	**Lasers in female genitalia** *Jamila Atannaz, Morocco*
11:10 - 11:30	**HA fillers in genital rejeuvination** *Ayman El Attar, USA*
11:30 - 11:50	**Female ageing and anti-aging** *Eman Sanad*
11:50 - 12:00	**Discussion**

12:00 - 12:30 Coffee Break

THURSDAY
25 APRIL, 2019

12:30 - 13:30 Dermatological Surgery

Chairpersons: *Adel El Shafei, Naser Gozlan, Nouran Aboukhedr*

12:30 - 12:45	**Lipofilling, state of art**	*Naser Gozlan*
12:45 - 13:00	**Video demo lipofilling**	*Sherif Waseef*
13:00 - 13:15	**Adipose tissue derived stem cells, current situation**	*Carmen Farid*
13:15 - 13:30	**Hair transplantation**	*Sherif Waseef*

13:30 - 14:00 Skin Ageing and Rejuvenation Strategies
Sponsored by: **Avène**

EAU THERMALE Avène soothing by nature

Chairpersons: *Eman Elmorsy, Hamy Embaby, Tarek Hussein*

13:30 - 14:00	**How to improve skin quality and appearance**	*Eman Elmorsy, Tarek Hussein*

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14:00 - 15:00 Skin Rejuvenation and Pigmentation

Chairpersons: *Amany Nassar, Eisha Abdel Moneim, Omar Azzam*

14:00 - 14:15	**Dangerous zones in filler injection: how to maximize your safety and minimize the risk of filler injection?** *Howida Ibrahim*
14:15 - 14:30	**Facial indications of mesobotox** *Yasmina El-Attar*
14:30 - 14:45	**Red face how to approach** *Shaimaa Ismail*
14:45 - 15:00	**PRP what's new** *Eman Abdelmoneim*

THURSDAY
25 APRIL, 2019

15:00
16:00

Acne Updates
Sponsored by: **Andalus**

Chairpersons: *Ashraf Hamza, Hamy Embaby, Magdy Ragab, Samy Abou-Zeid*

15:00 - 15:20	**Acne pathogenesis updates** *Magdy Ragab*
15:20 - 15:40	**Acne treatment updates** *Ayman Elsaied*
15:40 - 16:00	**Clinical cases** *Khaled El-Mulla*

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16:00
17:30

Laser Session
Sponsored by: **Deka**

Chairpersons: *Ashraf Hassan, Eman Elmorsy, Khaled El-Mulla*

16:00 - 16:20	**Understanding laser history and physics** *Ayman El Attar, USA*
16:20 - 16:40	**Key points in laser practicing** *Khaled EL-Mulla*
16:40 - 17:00	**lasers in pigmentary disorders** *Tarek Hussein*
17:00 - 17:20	**Home use devices for hair removal, a new perspective** *Salma Samir*
17:20 - 18:00	Discussion

17:30 **Lunch**

FRIDAY
26 APRIL, 2019

09:00 - 10:00 Dermoscopy

Chairpersons: *Ashraf Hamza, Khaled El-Mulla, Manal Bosseila, Wafaa Ramadan*

09:00 - 09:15	**Pitfalls in Dermoscopy** *Eman Hassan*
09:15 - 09:30	**Onychoscopy an overview** *Alsayeda Taha*
09:30 - 09:45	**Vascular lesions in dermoscopy** *Yasmina El-Attar*
09:45 - 10:00	**Melanocytic nevi, how to approach?** *Marwa El Deeb*

10:00 - 10:30 Melasma
Sponsored by: **L'Oréal**

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Chairpersons: *Eman Elmorsy, Naglaa Agamia, Samia Esmat*

10:00 - 10:30	**Management of melasma Lifestyle not just treatment** *Samia Esmat*

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10:30 - 12:00 Neck Rejuvenation

Chairpersons: *Amany Nassar, Arwa Hassan, Ashraf Hassan*

10:30 - 10:45	**Evaluation of safety and efficacy injectables in neck rejuvenation** *Amany Nassar*
10:45 - 11:00	**All you should know about fractional microneedling radiofrequency** *Howida Ibrahim*
11:00 - 11:15	**Photodynamic therapy for rejuvenation** *Marwa El Deeb*
11:15 - 11:30	**HIFU, a comprehensive overview** *Alsayeda Taha*
11:30 - 11:45	**Laser assisted drug delivery the new concept** *Aliaa Ismail*
11:45 - 12:00	**Discussion**

12:00 - 13:00 Prayer and Coffee Break

FRIDAY
26 APRIL, 2019

13:00 13:45	**Botox Workshop**
Chairpersons: *Carmen Ibrahim, Rasha Geneidy, Tarek Hussein*	
13:00 - 13:20	**Lower face** *Tarek Hussein*
13:20 - 13:40	**Upper face** *Rasha Geneidy*
13:40 - 13:45	**Discussion**

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13:45 - 14:15 Hair Updates 1
Sponsored by: **Pharmaceris**

Chairpersons: *Adel ElBehiry, Amany Nassar, Manal Bosseila*

13:45 - 14:00	**Scaring alopecia** *Manal Bosseila*
14:00 - 14:15	**Androgenic Alopecia. What's new?** *Eman Abdelmoneim*

14:15 - 14:45 Hair Updates 2
Sponsored by: **Pharmazone**

Chairpersons: *Adel ElBehiry, Amany Nassar, Manal Bosseila*

14:15 - 14:30	**Alopecia areata diagnostic challenges** *Eman Hassan*
14:30 - 14:45	**Hair statics a break through in artificial hair transplantation** *Eman Nabih*

FRIDAY
26 APRIL, 2019

14:45 - 15:45 Vitiligo Session

Chairpersons: *Adel El Shafei, Nagat Sobhy, Waleed Elbalat*

14:45 - 15:00	**Calcineurin inhibitor with NB-UVB in treatment of vitiligo** *Nagat Sobhy*
15:00 - 15:15	**Suction blister in vitiligo** *Eman Eleryan*
15:15 - 15:30	**Advances in surgical and light-based treatments in vitiligo** *Dalia Halwag*
15:30 - 15:45	**Non-cultured epidermal cell suspension** *Hadir Abdel-Gawad*

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15:45 - 16:45 Scar Session

Chairpersons: *Abdel Aal Elkamshoushy, Ayman Elsaied, Hamy Embaby, Magdy Ragab*

15:45 - 16:00	**Office based procedures in PAS**	*Naglaa Agamia*
16:00 - 16:15	**Topical treatment of scar**	*Shimaa Ismail*
16:15 - 16:30	**Laser treatment of immature post-surgical scar**	*Marwa El Deeb*
16:30 - 16:45	**Peeling updates**	*Aliaa Ismail*

16:45 Lunch

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